The environment needs all our help. Good thing there are many easy things we can do for it! Remember, every little bit helps, so whether you’re making sure the lights are turned off in an empty room, or recycling paper, plastic and cardboard, or even putting computers to sleep when they aren’t being used, you are helping the environment!

With global warming and climate changes happening around the world, it’s more important than ever to be aware of the environment and what you can do to lend it a helping hand. It may seem like you’re only doing little things, but when everyone does them, little things can add up to big changes in our lives and how we affect the Earth.

What else can we do to help our planet?

- Plant a tree, they take in greenhouse gasses and put out oxygen.
- Ride a bike or walk instead of getting a ride.
- Unplug cell phone, digital camera and video game chargers when you aren’t using them.
- Learn about the environment.
- Talk to your parents about HHW Days.
Message from Hudson County Executive Thomas A. DeGise

With the summer winding down and school starting up again, there is no better time than now to learn about “Going Green.” Everyone can help by changing the way they do things. If we all pitch in, we can make Hudson County and the whole world, cleaner and greener!

Message from HCIA Chairman John L. Shinnick

Another amazing “Our Hudson Home” HCIA calendar is here! Congratulations to everyone who entered our 2007 Earth Day poster contest – everyone wins when they do their part to help preserve our unique Hudson County Environment.

Message from HCIA Executive Director Norman M. Guerra

Remember, “Going Green” isn’t just something to think about today, but for the rest of your lives. We should always keep in mind how our actions affect the environment. And don’t forget to spread the word about being friendly to our planet!

Earth Friendly Lingo

- **Compact Florescent Bulb** - A new kind of light bulb that uses less energy and is better for the environment
- **Global Warming** - The earth is getting warmer every year. This could cause serious problems for the environment
- **Reuse** - Instead of throwing out something like a plastic bag, why not use it again?
- **Going Green** - Helping the planet by causing less pollution and using less energy
- **Atmosphere** - The air around our planet

**You Can Do It - Kid KRUSADERS!**

November 15th is America Recycles Day and you know what that means! The Annual HCIA Crayon Recycling Contest Begins. Last year 38 different schools joined in and donated about 2,297 pounds of crayons. You can do even better this year – we know it! You have until December 21 to gather all your old and broken crayons. Give them all to your teacher once you’ve collected them and we’ll do the rest. And once we recycle them you will all receive new, crazy-colored crayons to replace the old ones. But the greatest reward of all will be that you did your part for the Earth!
When we have old products in our house that we need to throw away, like paints, cleaners, oils, batteries, and pesticides, we should be careful because they are what we call “household hazardous waste” or “HHW.” Believe it or not, this type of garbage needs a lot of special care. Throwing out household hazardous waste, pouring things down the drain, on the ground, into storm sewers, or putting them out with the trash can be harmful to our health.

Luckily, in Hudson County, we have a safe, easy way to dispose of this dangerous material. TheHCIA’s HHW Days!

Saturday Sept. 22, 9am - 1pm
Jersey City: JCIA, 501 Route 440
Kearny: DPW, 357 Bergen Avenue

Sunday, Sept. 30, 9am - 1pm
North Bergen: MUA, 6200 Tonnelle Avenue
Bayonne: Norton Paints, 148 East 5th Street

This year more students than ever entered into the HCIA Our Hudson Home Earth Day Poster Contest. You highlighted all the beauty of our county and all the ways that we can act responsibly to keep it that way!

We took all the winning posters and turned them into month after month of great earth-friendly ideas. So if you want a chance for your art to be in next year’s calendar, remember to ask your teacher if you can participate!
There is so much that you can do to help your environment. Call the HCIA for more information! Environmental Hotline: 1.800.540.0987

www.geocities.com/Rainforest/Vines/4990/
www.wnbc.com/goinggreen
www.idealbite.com
www.green.nationalgeographic.com
www.care2.com
www.treehugger.com
www.greenlivingonline.com
www.ivillage.com/green
www.noharm.org/goinggreen
Computers use 70% less energy when you put them to sleep instead of using a screen saver!

You can make 20 new cans from recycled material from the same energy used to make one from scratch!

The United States has only 6% of the world’s population, but makes half of the world’s garbage!

One bus can carry as many people as 40 cars!

Recycling a stack of newspapers just three feet high can save a tree!

If you leave the water running while brushing your teeth, you waste five gallons of water. That’s enough to fill 53 cans of soda!
All over the world, people everywhere celebrate CarFree Week! It is a chance to spread the word about the impact that cars can have on our environment. CarFree Week encourages everyone to cut down on the pollution that cars make by Going CarFree or Car-Lite for at least one day. If each one of us pledged not to use a car for even JUST ONE DAY during CarFree Week, the Earth would breathe a big sigh of relief!

Do you want your family to be part of CarFree Week? Get together with your friends and family and think of the ways you can “Go CarFree.”

Could You...

- take a train or bus?
- ride your bike to the park?
- walk to the store with your family?
- participate in Walk-to-School Month this October?

Be Creative. Tell us how you will celebrate CarFree Week and you will be entered in a raffle to win free tickets to Liberty Science Center!!!

Sign up and tell us your CarFree ideas at www.hudsontma.org, call 201-792-2825 or mail your name, address, telephone and email address to: Hudson TMA, 574 Summit Avenue, 5th Floor, Jersey City, NJ 07306.